



Alcohol and Drug Abuse Programs
Annual Overview December 2014

Description

Priorities

Prevention

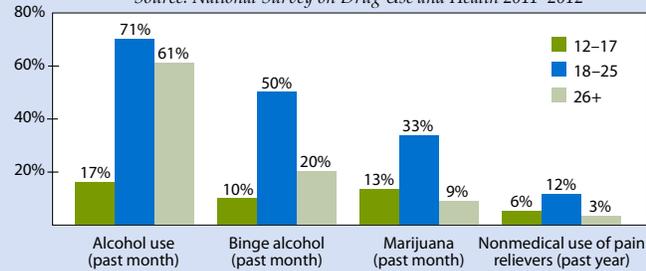
\$1 invested in substance abuse prevention saves \$10–\$18 in costs associated with health care, criminal justice, and lost productivity.

Substance abuse prevention reduces the risks that contribute to alcohol, tobacco, or other drug misuse, while promoting factors that support healthy lifestyles and communities.

- Reduce underage drinking
- Reduce high-risk drinking
- Reduce adolescent marijuana use
- Reduce prescription drug misuse and abuse

Substance abuse in Vermont by age group

Source: National Survey on Drug Use and Health 2011–2012



Intervention

Substance abuse screening and brief counseling is as effective as other health prevention screenings.

Substance abuse intervention is a process to identify and act on early signs of substance misuse before it becomes a lifelong problem.

- Increase referrals for at-risk students
- Decrease diversion of prescription drugs
- Improve quality of patient care through prescription drug monitoring
- Increase screening for substance abuse in primary care
- Increase completion rate of drinking driver rehabilitation program

Treatment

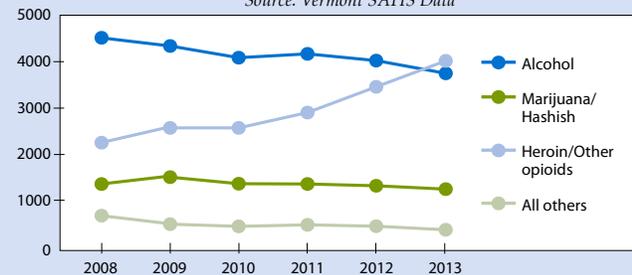
\$1 invested in addiction treatment saves between \$4–\$7 in costs associated with drug related crime, criminal justice, and theft.

Substance abuse treatment is an ongoing process to change behaviors and attitudes that have a negative impact on one's life and those family members affected.

- Increase access to treatment services
- Increase use of evidence-based treatment services
- Increase percentage of people who complete treatment and engage in recovery

State-funded substance abuse treatment by substance

Source: Vermont SATIS Data



Recovery

Relapse rates for addiction resemble those of other chronic diseases such as diabetes, hypertension, and asthma.

Substance abuse recovery is a process of promoting a supportive environment to assist individuals with a smooth and sustained transition to wellness.

- Increase number of people maintaining recovery
- Increase peer-led recovery support services
- Increase number of peer leaders trained
- Increase access to safe housing to support recovery

Harvard University, through a grant from the National Institutes for Health, will begin an evaluation of recovery centers throughout New England in the upcoming year. This will be the first systematic evaluation of recovery centers, and is anticipated to take two years to complete.

What is the Health Department doing to address priorities?

Health Department cost

Our approach to prevention includes evidence-based strategies and services at the state, community, school, family, and individual levels. Our regional prevention consultants, regional partnerships, and community grantees support:

- Community substance abuse education and awareness activities
- School health initiatives such as teacher training, youth empowerment groups, and family outreach
- Collective action planning with community partners
- Partnerships with law enforcement to restrict alcohol access and reduce alcohol and other drug-related injuries
- Parenting education programs
- Public information – parentupvt.org



Help reduce underage drinking in Vermont.

\$2,859,504

\$6 per person served



We support substance abuse intervention services through several programs:

- Vermont Prescription Monitoring Program (VPMS)
- Screening, Brief Intervention, Referral to Treatment (SBIRT)
- Project Rocking Horse
- School-based substance abuse services
- Project CRASH Drinking Driver Rehabilitation Program
- Naloxone Opioid Overdose Prevention Pilot Program
- Public Inebriate Program



\$2,971,892

\$264 per person served

Our preferred provider system includes treatment types of varying intensity to deliver services to adults, adolescents, and their families that meet the treatment needs of the individual:

- Outpatient (OP)
- Intensive Outpatient (IOP)
- Residential services
- Medication Assisted Therapies (MAT) Hub & Spokes



\$26,880,267

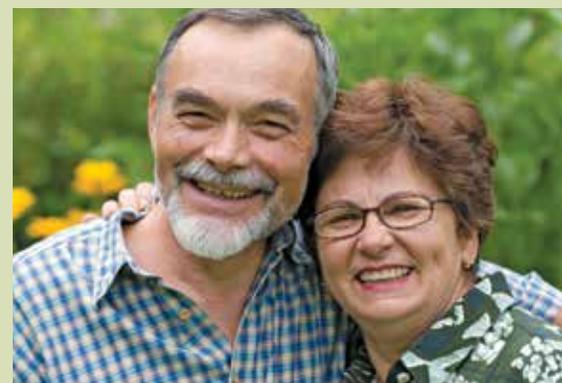
\$2,526 per person served

The same dimensions of wellness and community environments that help to prevent substance abuse also support recovery. We are building statewide system capacity to support substance abuse recovery services for individuals, families and communities through:

- Vermont Recovery Network
- 11 regional recovery centers
- Halfway and transitional housing
- Peer-based recovery supports
- Leadership training and recovery coaching
- Piloting evidence-based practices in recovery

\$1,746,553

\$883 per person served



Governor's Strategic Plan

Agency of Human Services Strategic Plan

Health Department Strategic Plan/2020

Our Performance Dashboard

Objective:

Prevent and eliminate the problems caused by alcohol and drug abuse.

Indicators:

1. Percent of adolescents age 12–17 binge-drinking in the past 30 days
2. Percent of adolescents in grades 9–12 who used marijuana in the past 30 days
3. Percent of persons age 12 and older who need and do not receive alcohol treatment
4. Percent of persons age 12 and older who need and do not receive illicit drug use treatment

Performance Measures:

1. Are we referring students who may have a substance abuse problem to community resources?
2. Are youth and adults who need help starting treatment?
3. Are youth and adults who start treatment sticking with it?
4. Are youth and adults leaving treatment with more support than when they started?
5. Are adults seeking help for opioid addiction receiving treatment?

How are we doing?

We are tracking the measures shown at left, using the Vermont Department of Health Performance Dashboard at healthvermont.gov/hv2020/index.aspx

How many Vermonters do we reach?

Through Health Department funding, during Fiscal Year 2014 we reached an estimated:

- 494,585 Vermonters with prevention initiatives
- 11,267 Vermonters with intervention services
- 10,642 Vermonters in our preferred provider treatment system
- 1,979 Vermonters in recovery support services

Who funds substance abuse services in Vermont?

The State of Vermont administers programs and funding through multiple departments and agencies to prevent and treat alcohol and other drug misuse. Substance abuse services in Vermont receive funding from the Health Department, as well as the Departments of Vermont Health Access, Child and Family Services, Corrections, Mental Health, Aging and Independent Living, and the Agency of Education.



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