

## Protect yourself and your family against anthrax.

**WHO:** Everyone within [define area].

**WHAT:** Anthrax has been released in [define area].  
You and your family may have been exposed.

- You need to start taking medicine within 48 hours.
- There are two medicines that will be given free to treat anthrax.
- Most people will get Doxycycline. You get Ciprofloxacin if you are pregnant, breastfeeding, have certain medical conditions, or are allergic to Doxycycline.

**WHEN:** The Points of Distribution (PODs) will open [Date/Time].  
They will stay open [Hours of Operation] until [Date/Time].

**WHERE:** Medicine should be picked up at your nearest POD. [Location]

**WHY:** Airborne anthrax can be deadly if left untreated.  
Treatment is most effective if started within 48 hours after exposure to anthrax.

**INFO:** As with all medicines, there can be side effects.

- Doxycycline
  - ✓ Upset stomach
  - ✓ Vomiting
  - ✓ Diarrhea
- Ciprofloxacin
  - ✓ Upset stomach
  - ✓ Vomiting
  - ✓ Stomach pain
  - ✓ Indigestion
  - ✓ Dizziness
  - ✓ Fatigue
  - ✓ Headache

**For more information:** dial 2-1-1 or visit [www.healthvermont.gov](http://www.healthvermont.gov)