

# Standing Order for Epinephrine Auto Injector and Protocol

## First-time Life-Threatening Allergic Reaction (Anaphylaxis) K-12 Schools

### Allergies

#### Section 3

Updated 8/2013

The following standing orders apply to persons who do not have individual orders provided by parents and/or private physicians. The guidelines apply to persons with allergic symptoms triggered by touching, inhaling or ingesting allergens or by insect stings

- Before administering medications, attempt to obtain a history from the patient or bystanders, check for Med-Alert bracelets, etc., to ascertain if patient has any underlying condition that could mimic allergies or anaphylaxis.
- If there is reasonable evidence that the person is having an **allergic reaction** and it appears that death is imminent, give epinephrine regardless of age.

#### Any **SEVERE** SYMPTOMS after suspected or known exposure:

One or more of the following:

- LUNG:** Short of breath, wheeze, repetitive cough  
**HEART:** Pale, blue, faint, weak pulse, dizzy, confused  
**THROAT:** Tight, hoarse, trouble breathing and/or swallowing or speaking  
**MOUTH:** Obstructive swelling (tongue and/or lips)

Or combination of symptoms from different body areas:

- SKIN:** Hives, itchy rashes, swelling (e.g., eyes, lips)  
**GUT:** Vomiting, diarrhea, belly cramps  
**NEURO:** Fear, apprehension, feeling of impending doom, passing out



1. **INJECT EPINEPHRINE IMMEDIATELY**
2. Call 911
3. Begin monitoring (see box below)
4. Send used auto-injector/s to emergency department with patient

### Medications/Doses

Select appropriate epinephrine dose, based on weight; **if unable to assess weight, use larger dose.**

**Dosage:**   **0.15 mg Epinephrine** auto-injector IM, if less than 66 pounds  
                  **0.30 mg Epinephrine** auto-injector IM, if 66 pounds or more

#### Monitoring – Airway, Breathing, Cardiac

*Stay with student; alert health care professionals and parent.* Note time when epinephrine was administered and inform rescue squad upon arrival; request an ambulance with epinephrine. **A second dose of epinephrine can be given 5 minutes or more after the first** if symptoms persist or recur. For a severe reaction, consider keeping student/patient lying on back with legs raised. Treat student even if parents cannot be reached (See back for auto-injection technique). Provide CPR if necessary and/or other first aid measures as needed.

#### PHYSICIAN INFORMATION

Name/Title (Printed): \_\_\_\_\_  
Contact Number: \_\_\_\_\_

Practice Name \_\_\_\_\_  
Address: \_\_\_\_\_

**SIGNATURE:** \_\_\_\_\_

Authorization dates: Start \_\_\_\_\_ Stop: \_\_\_\_\_

#### AUTHORIZING ADMINISTRATOR INFORMATION

School Administrator (Printed): \_\_\_\_\_ Date: \_\_\_\_\_ School/District: \_\_\_\_\_

**SIGNATURE:** \_\_\_\_\_ [NOTE: Maintain list of trained, designated personnel]

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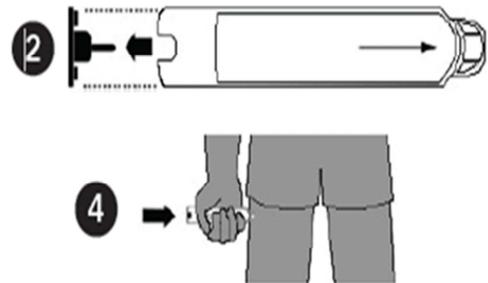
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## Instructions for Administration of Epinephrine Auto-Injector

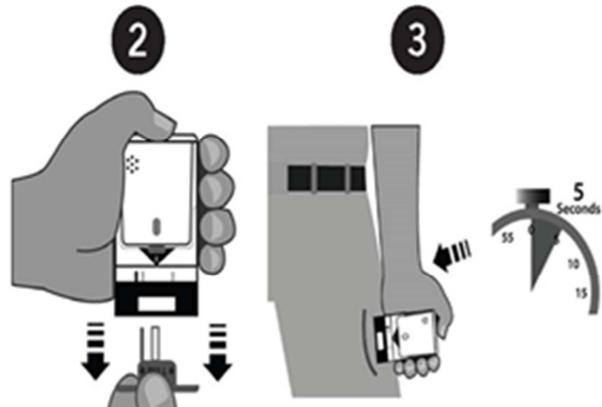
### PIPEN® (EPINEPHRINE) AUTO-INJECTOR DIRECTIONS

1. Remove the EpiPen Auto-Injector from the plastic carrying case.
2. Pull off the blue safety release cap.
3. Swing and firmly push orange tip against mid-outer thigh.
4. Hold for approximately 10 seconds.
5. Remove and massage the area for 10 seconds.



### Auvi-Q™ (Epinephrine Injection, USP) Directions

1. Remove the outer case of Auvi-Q. This will automatically activate the voice instructions.
2. Pull off red safety guard.
3. Place black end against mid-outer thigh.
4. Press firmly and hold for 5 seconds.
5. Remove from thigh.



### AdrenaCLICK® / AdrenaCLICK® Generic Directions

1. Remove the outer case.
2. Remove grey caps labeled "1" and "2".
3. Place red rounded tip against mid-outer thigh.
4. Press down hard until needle penetrates.
5. Hold for 10 seconds. Remove from thigh.



Liability: ".school shall be immune from any civil or criminal liability arising from the administration or self-administration of an epinephrine auto-injector under this section unless the person's conduct constituted intentional misconduct..." V.S.A. 16 § 1388.