

DRUG, ALCOHOL AND TOBACCO USE

STATEMENT OF PURPOSE:

All schools shall have a drug, alcohol and tobacco policy consistent with the State Board of Education guidelines.

AUTHORIZATION/LEGAL REFERENCE:

16 V.S.A. Chapter 25 § 1165 – Alcohol and drug abuse

<http://www.leg.state.vt.us/statutes/fullsection.cfm?Title=16&Chapter=025&Section=01165>

State Board of Education Manual of Rules and Practice, Section 4212 - 4215 – Act 51

http://education.vermont.gov/new/pdfdoc/board/rules/4100_4200.pdf

Vermont School Quality Standards, Section 2120.8.2.3

<http://www.education.vt.gov/new/html/board/rules/2000.html#standards>

SUGGESTED SCHOOL NURSE/ASSOCIATE SCHOOL NURSE ROLES:

- Be knowledgeable about the signs and symptoms of substance use, the substances available and the prevalence of use in the community.
- Collaborate with the school's administration to create a policy regarding alcohol, tobacco or other drugs (ATOD).
- Collaborate with the school's administration to create a referral procedure for students who exhibit signs and symptoms of being under the influence of ATODs while on school grounds or for students who display a preoccupation with ATODs.
- Educate the faculty and staff about the school's referral procedure and signs and symptoms of substance use.
- Collaborate with the school's administration and student assistance counselors to develop a substance use assessment form.
- Conduct substance use assessment for students who are referred to the health office to determine if it is safe for the student to remain in school.
- Become an advisor for a student prevention group.
- Be a resource for students and parents regarding ATODs; provide pamphlets, displays, bulletin boards and tobacco cessation groups.

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- Educate parents about the use of substances in your school's newsletter.
- Use Youth Risk Behavior Survey (YRBS) data to evaluate and inform school community in trends. Use this data to plan interventions and create action plans to educate students about healthy choices and risk behaviors.

RESOURCES:

Provider's Toolkit; VDH; Health Screening for Children & Adolescents

<http://healthvermont.gov/family/toolkit/index.aspx>

School Health: Policy and Practice, 6th edition by the American Academy of Pediatrics, Committee on School Health, 2004

<http://www.aap.org/sections/schoolhealth/section.cfm10.htm>

Vermont Department of Health Youth Prevention Tobacco Control Program – student prevention groups and student smoking cessation groups.

<http://healthvermont.gov/prevent/tobacco/youth.aspx>

Vermont Department of Health Youth Risk Behavior Survey

<http://healthvermont.gov/research/yrbs.aspx>

Smoking cessation groups available to youth are the NOT program, through the American Lung Association (802) 876-6862. Or the toll free teen quitline at 1-800-QUIT-NOW.

Some prevention groups that you may be interested in becoming a part of are Vermont Kids Against Tobacco (VKAT), and Our Voices Xposed (OVX). These prevention groups are based on the youth empowerment model and encourage youth to make positive health choices in all aspects of their lives. In addition, to the prevention activities students learn valuable leadership skills. To learn more call (802) 651-1612 or (802) 652-2065.

School-based Drug and Alcohol Prevention Education & Legislation (including 200 pages of resources and PPT presentations):

http://education.vermont.gov/new/html/pgm_substance/prevention_ed.html

School-based Tobacco Use Prevention Program

(including free training, resources, and grant funding for school-based tobacco use prevention programming):

http://education.vermont.gov/new/html/pgm_substance/tobacco_prevention.html

Vermont Standards of Practice; School Health Services



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Sample Policies Procedures and Forms:

Vermont School Board Sample Policies

- Alcohol and Drugs
- Substance Abuse Incidents
- Tobacco Prohibition

<http://www.vtvsba.org/policy/manual.htm>

Vermont Standards of Practice; School Health Services



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